



Below you will find our monthly Humans of Cardiology story from Malamo Countouris, MD.

“I’ll have an order of french fries.” “Can I get the mac and cheese?” “Fried peppers, please!” It wasn’t easy for this group of six women cardiology fellows to brave the snow for conversation and snacks on a blistery Tuesday night. Each had their own responsibilities from walking the dog to putting children to bed. This night, two were on STEMI call for the cath lab; at any moment, they might be called in. Their lives were endlessly complicated by erratic schedules, hectic work days, and in some cases, long distance partners. Despite the hurdles, these co-fellows made an effort to spend time together. They shared stories of success: surviving a busy 24-hour call or making a diagnosis of tamponade on a stat TTE. They shared stories of frustration: sexism in the workplace when ancillary staff preferentially turn to male colleagues first for direction and challenges with research experiments. These are women in cardiology: intelligent, powerful, strong women who are tireless in their work ethic. And these are women who relish salty, fatty food, no matter how hypocritical it may be.

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